



Intuition, Purpose and Clarity

What drew you to Oman originally, and at what moment did you feel “this is where I’m meant to build something”?

Oman’s attraction was never loud or flashy ...Oman drew me with its quiet strength—a land where heritage and progress coexist in harmony. I came to Oman drawn by its serenity but what I found was purpose. A seed was planted in me — a dream to be an entrepreneur and to align my ambitions with the unfolding course of this remarkable country. Oman nourished that seed, offering fertile soil and steady care that let it take root and grow.

The pivotal moment came not in a single dramatic event but in a sequence of small events and confirmations.

The defining moment was when I realized that building here was not just about business; it was about contributing to a vision that respects values & traditions while embracing transformation.

That alignment of values made me feel, “This is where roots can deepen and dreams can flourish.” ...and thus began my Business Journey!

As Oman moves deeper into Vision 2040, what is one technology or sector shift you’re most confident Oman is ready for, even if others are hesitant?

Oman is poised for a decisive leap into renewable energy and water sustainability. While some may hesitate, fearing cost or



complexity, I see readiness in the nation’s intent and resilience. Vision 2040 is not just a roadmap—it’s a declaration that Oman is prepared to lead in clean technologies, ensuring prosperity that is both enduring and ethical.

What would you tell women in Oman who want to establish and lead companies rather than just work in them?

Leadership begins with courage—the courage to imagine, to act, and to persist. To women aspiring to lead, I would say: don’t wait for the perfect moment or

TOP WOMEN LEADERS IN OMAN

permission. Equip yourself with knowledge, seek mentors who challenge and uplift you, and embrace setbacks as lessons. Keep moving forward! True leadership is not about occupying a title; it’s about creating impact that reflects your values and inspires others!



Prabha Seethapathy MD & CEO, Petrostar Corporation

Prabha Seethapathy represents a rare kind of leadership, one shaped as much by inner clarity as by outward achievement. Drawn to Oman by its balance of heritage and progress, she chose to build here not merely as an entrepreneur, but as a contributor to a national vision grounded in values and long-term thinking. Her work reflects a deep belief in sustainable growth, conscious decision-making, and leadership that aligns ambition with purpose. Through resilience, insight, and quiet conviction, Prabha exemplifies how meaningful impact is created—by building steadily, thoughtfully, and in harmony with the world around us.

Many people know you as a results-driven business leader, but few know about your deep engagement with meditation and self-awareness. How do those practices shape your decision-making, especially in high-pressure environments?

Meditation is not a practice for me—it’s a portal to the Silence within, it’s my life purpose! Our Body gains strength by exercise, moving it ...whereas our mind gains strength by stilling it! In silence, where mind is stilled, a space where decisions are not just reactions but Revelations, rooted in awareness. The couple

of hours I sit each day in meditation, don’t merely calm me; they ground me in a field of clear, watchful presence. From that inner center I move through my duties and responsibilities with a quieter heart and a steadier mind.

In any demanding situation I return to the space between stimulus and response, and in that space a subtle knowing arises.

Decisions stop feeling like frantic choices and become more like offerings: guided by intuition, aligned with a deeper purpose, and informed by a clarity that is not merely intellec-

tual. Mindfulness dissolves the clamor of fear and habit so that conscious, wholehearted action flows naturally — less about asserting the separate self and more about answering the call of what wants to emerge.

High-pressure environments often demand speed, but wisdom requires stillness. Self-awareness reminds me that every choice ripples outward, shaping lives and futures. When I sit in stillness, I am not escaping the world; I am entering its essence—where intuition and reason converge, and leadership becomes an act of consciousness rather than control!